

*Health and Wellness* - of Lincoln County & Mescalero

# 2024 DIRECTORY LISTINGS

## AGING & LONG TERM CARE SERVICES

"NM Aging & Disability Resource Center, Santa Fe" .....1-800-432-2080

Medicare/Medicaid .....1-800-432-2080

## Alzheimer Association

NM Chapter .....505-266-4473

Roswell .....575-624-1552

24/7 Help Line .....1-800-272-3900

## Assisted Living Facilities/Dementia Care

"Goodlife Senior Living and Memory Care Center" .....575-315-0758

Mescalero Care Center .....575-464-4802

## Behavioral Health Services

"Gerald Champion Regional Medical Center" .....575-630-8092

Ken Kenney, MSW, PhD .....505-363-8293

People Works NM .....505-267-5057

## Home-Health Agencies/Hospice Services

Addus Homecare .....575-258-9086

Enhabit Home Health & Hospice .....575-258-0028

Community Home Care .....575-258-1986

## Senior Centers

Renee Montes-Program Director .....575-648-2121

Capitan .....575-354-2640

Carrizozo .....575-648-2121

Corona .....575-849-5111

Hondo/San Patricio .....575-653-4405

Ruidoso Community Center .....575-257-4565

Ruidoso Downs .....575-378-4659

## Senior Resources

AARP NM .....1-866-389-5636

"Adult Protective Services Legal Resources for the Elderly (LREP)" .....1-866-654-3219  
lgbtagingcenter.org

Sierra Blanca Laser, Inc. SU I (Stress Urinary Incontinence Therapy) .....575-425-0792  
Full laser therapy offerings, no tattoo removal

Social Security Services .....1-800-772-1213

## BASIC NEEDS ASSISTANCE

### Clothing/Household Assistance

Christian Services .....575-257-4381

"First Baptist Church of Ruidoso Downs Thrift Shop" .....575-378-4611

"Joseph's Workshop" Episcopal Church of the Holy Mount" .....575-257-2356  
Provides household items at no cost to people in need.

"Lincoln County Humane Society Resale Shop" .....575-808-8540

Not to Shabby Shop (Capitan) .....575-468-0638

"Lincoln County Medical Center Auxiliary Thrift Store" .....575-257-7051

Sweet Charity Repeat Boutique .....575-257-0041

## Family Services

Life-Way .....575-315-2500

## Financial Assistance

Bowl Ministries, J Bar J Church .....575-257-6899

"First Baptist Church of Ruidoso Downs" .....575-378-4611

Good Neighbor Fund (PNM) .....575-378-1941

"Episcopal Church of the Holy Mount Discretionary Outreach" .....575-257-2356

LIHEAP Energy Assistance Program... 800-283-4465

Lincoln County Indigent Fund .....575-258-1232

Salvation Army .....575-378-4611

## Food Assistance

### COUNTY FOOD PANTRIES

Lincoln County Food Bank Ruidoso... 575-257-0682  
Open M 12-4, W and F, 10 a.m. - 2 p.m.

"Salvation Army Commodity Supplemental Food Program" .....575-625-2030  
"1st Thursday, very other month (Even months), Carrizozo Fire Dept. 8 a.m. Mescalero Senior Center, 10am Ruidoso Downs First Baptist Church 11am San Patricio Senior Center 12pm" must be 60 years old or older, meet income guidelines, proof of age in person., Call ahead of time.

Angus Church of the Nazarene .....575-336-8032  
2nd & 4th Tuesday of every month at 11 a.m.

"Christian Services of Lincoln County Inc" .....575-257-4381  
"Open M-T, 9 a.m. - 3p.m., F 9am-12pm Provides help with rent/mtg./temp motel room, utility and medication"

Trinity Church, Capitan .....575-439-6731  
2nd-5th Tue. of the Month, 5:30pm-7pm

### MOBILE FOOD PANTRIES

Capitan Mobile Food Pantry .....575-439-6731  
1st Thursday of the month at the Capitan Fire Station 5:30-7 p.m.

Mescalero Mobile Food Pantry .....575-464-9260  
1st Thursday of every month, 12:30 p.m.

"River Crossing Ministries Mobile Food Pantry Ruidoso" .....575-686-8582  
2nd Thursday of every month, River Crossing 2 p.m.

### FREE MEALS

"Angus Church of the Nazarene, Bonita Park on Hwy 48" .....575-336-8032  
Soup Kitchen 1st, 3rd, and 5th Tue, 11am. free meal on Wed. nights during the school year at 4:30 p.m. Open to teens, children & guardian.

"Community United Methodist Church (Warehouse), 220 Junction Rd" .....575-257-4170  
Provides a free meal on the 3rd Monday of every month, from 5:30 - 7 p.m.

Eastern New Mexico University-Ruidoso, 709 Mechem Dr. ....575-315-1120  
Provides a free meal on the 5th Monday of every month, from 5:30 - 7 p.m.

"Episcopal Church of the Holy Mount, 121 Mescalero Trail" .....575-257-2356  
Provides a free meal on the 2nd Monday of every month, from 4:30 - til food runs out.

First Christian Church, 1211 Hull Rd... 575-258-4250  
Provides a free meal on the 1st Monday of every month, from 5:30 - til food runs out.

"Gateway Church of Christ, 451 Sudderth Dr" .....575-257-4381  
"Provides a free meal on Wednesday nights 5:15 - 6 p.m. Summer hours and locations vary"

"St. Eleanor's Roman Catholic Church, 120 Junction Rd" .....575-257-2330  
Provides a free meal on the 4th Monday of every month, from 5:00 - 6:30 p.m.

### SENIOR FOOD PROGRAMS

All Senior Center Sites offer Meals on Wheels

Capitan - Zia Senior Citizens .....575-354-2640  
Lunch served M-F from 11:30-12:30 \$3 suggested donation for 60 and over.

Carrizozo Senior Center .....575-648-2121  
"Lunch served M-F from 11:30 a.m. - 12:30 p.m. Suggested \$3 donation for 60 and over"

Corona Senior Center .....575-849-5111  
"Lunch served M-F from 11:45 a.m. - \$3 donation appreciated. Must RSVP by 9am"

Hondo Senior Center .....575-653-4405  
Lunch served M-F from 12 - 1 p.m. Delivers to Home Bound, \$3 donation.

Ruidoso Downs Senior Center .....575-378-4659  
"Lunch served M-F from 11 a.m. - Noon \$3 donation. Meals on Wheels, (60+)"

### NON-PERISHABLE FOOD BOXES

BOWL Ministries (J Bar J Church) .....575-257-6899

### YOUTH FOOD PROGRAMS

Food 4 Kids Backpack Program .....575-937-4732  
"Capitan, Carrizozo, Hondo & Ruidoso Elizabeth Potte Food items sent home weekly in children's backpacks"

PHS Feeding Program .....575-257-8266  
18 years and under

### Housing Assistance

"Camelot Place Apartment/ Income Based" .....575-257-5897  
Income Based Citizenship/Residency - Financial Guidelines.

Eastern Regional Housing Authority... 575-622-0881  
HUD Financial assistance for rent

Inspiration Heights/Low Income Housing .575-378-4236  
Citizenship/Residency - Financial Guidelines

Ladera Apt Homes .....575-378-5262  
"Income Guidelines"