Under Construction Peer Support Team

By: Sara Chapman

he Under Construction Peer Support Team is a group of trained and certified peers dedicated to helping peers. They are real people with real life experiences who genuinely want to help others succeed in life. The team was founded in 2021 by a group of individuals in recovery that wanted to share their stories of healing with the hope of inspiring others. They know from experience that change takes courage and strength and they are prepared to provide hope, support, and encouragement to help others make those changes. Their services are grounded in their own lived experiences, and they have the tools and resources to help you navigate your unique path to recovery. Our team members are trained to offer non-clinical peer support to members with mental health and substance use conditions identified as needing wellness support and recovery-oriented interventions.





Hello, my name is **Aliscia Garcia**. I am 45 years old, and I have been in recovery for over five and a half yrs. I have been battling addiction to both methamphetamines and heroin since I was 15 years old. I was sent to jail for the first time at 18 years old and then sent to prison in my 20s. I lost everything and everyone that was dear to me, including myself. The last time I was sent to prison saved my life. It was there that I finally got the help I needed and wanted. When I was paroled out, I continued to receive assistance from several places, including the Adult Treat-

ment Court program. I graduated from Adult Treatment Court and became a mentor and an Alumni Facilitator for the program. I am a mentor for Under Construction Peer Support Team and have also been able to receive training through OPRE to become a Certified Peer Support Worker (CPSW). My hope is to be able to help others out there who are struggling. If you or someone you may know is facing similar challenges, please, don't hesitate to contact me or any one of my associates, (575) 416-1118.



Hello, my name is **Faustino Miranda**, and I am 48 years old. I have been in recovery for 4 years. I was in active alcohol addiction for 32 years and addicted to cocaine, crank, and methamphetamines for 26 years. After many years of pain and suffering, not only mine- but my families, by the grace of God I was finally ready to get sober. I began participating in self-help programs like Narcotics Anonymous and Heart of Addiction; I was also chosen to participate in the Lincoln County Adult Treatment Court Program. I am now a Certified Peer Support Worker (CPSW), Certified Smart Recovery Facilitator, Adult Treatment Court Mentor and Alumni Facilitator, men-

tor for Under Construction Peer Support Team, and Facilitator of Narcotics Anonymous of Ruidoso. My passion is meeting people where they are at and helping when I can. If you are ready to talk, please, don't hesitate to contact me or any one of my associates, (575) 937-3915.



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