

WHEN SHOULD YOU WEAR HEARING PROTECTORS?

If you anticipate being in a loud setting or participating in a noisy activity, wear earplugs or protective earmuffs to safeguard your hearing. Hearing protectors are recommended for these settings and activities:

Auto races, sporting events, fireworks displays, parades, live music and concerts.

Motorcycle, dirt bike, and snowmobile riding, and when operating an all-terrain vehicle or tractor.

Band or orchestra rehearsals and performances.

Industrial, warehouse, farm, landscape, and other loud (or potentially loud) workplace settings.

Shooting sports.

Using power tools, lawn mowers, weed eaters, chainsaws, etc.

Make it a habit to wear hearing protectors when you expect to be in a loud setting, and keep earplugs or protective earmuffs handy for unexpected loud noises. If loud noise happens suddenly or unexpectedly, cover your ears with your hands and move away from the noise, if possible.



**WEAR YOUR
HEARING PROTECTION**



Serving the Mescalero Youth and Community for over 20 years. The multi-funded grant program aims to educate our people in the following areas:

- ~ Substance Abuse Awareness
- ~ Suicide Prevention
- ~ Traditional Tobacco Education
- ~ Prescription Drug Abuse Prevention
- ~ Cultural Revitalization Workshops



The Program also sponsors the Nde' Youth Council. The N.Y.C. hosts various activities throughout the year promoting healthy, drug and alcohol free lifestyles for Native youth.

Mescalero Prevention Program

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Tradition is Prevention