

Fruity Fuel for School...

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Watermelon Berry Fruit Salad with Cottage Cheese

Recipe courtesy of the National Watermelon Promotion Board

- Watermelon**
- 1 package raspberries
 - 1 package strawberries
 - 1 package blueberries
 - 1 package blackberries
 - 1 container cottage cheese
 - 1 bunch mint leaves
 - honey, to taste (optional)

Cut watermelon with star-shaped cookie cutter or into cubes.

In large bowl, mix watermelon with raspberries, strawberries, blueberries and blackberries. Add dollops of cream cheese on top of fruit.

Garnish with mint leaves and drizzle with honey, to taste, if desired, prior to serving.

Watermelon Kebabs

Recipe courtesy of the National Watermelon Promotion Board

Servings: 6

- 18 seedless watermelon cubes (1/2 inch each)
- 6 cubes smoked turkey breast
- 6 cubes cheddar cheese
- 6 coffee stirrers or beverage straws

Thread cubed watermelon, cubed turkey and cubed cheese on stirrers or straws.



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