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A Summer of Learning



The weather is warm and school is out, but learning experiences shouldn't end there. The summer months can provide plenty of opportunities to continue a child's advancement through different activities and programs.

According to a University of Missouri-Columbia study, students can lose up to three months of what they learned during the school year over summer break. To help avoid that loss of knowledge, here are some helpful brain-boosting activities to keep your child's mind sharp this summer.

Super summer camps

One way to tie together fun and learning is to enroll your child in a summer camp. Whether the camp is down the road or across the country, children can gain valuable life lessons – such as independence, social skills, resiliency and teamwork – all while staying physically active. A little technology-free time wouldn't hurt, either. Try seeking out a camp that doesn't allow cellphones or electronic devices to ensure your child gets the most out of his or her outdoor experience.

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Family fun time While a summer camp might send your youngster far away, a family vacation keeps children right by your side. A trip together as a family, even as short as a one-night camping getaway, can provide a variety of life lessons and unexpected learning experiences. Visit a national park or even a zoo for some science-related exploration and a chance to spend time with nature.

Head to the library

To try and bring out the bookworm in your child, a trip to the library is an easy place to start. Of course, reading programs provide the simplest way to put literature in children's hands, but many libraries offer programs to get children involved. Look for art and craft programs at your local library, such as an origami class or doodling session, for additional ways to jog your child's brain.

Books for bonding

A family book club is a great way to increase bonding time while also encouraging a love of reading. Your children will love digging into stories about dinosaurs, exploring outer space and reading about the biology of deep-sea creatures. After finishing a book together, discuss the plot, characters, themes and more in an interactive fashion that allows each family member to take part in the literary discussion.

From reading to writing

All of that reading just might give children motivation to put thoughts into words of their own. A journal is a great place for any child to write about summer trips, memories with friends or draw quick sketches. On top of recordkeeping, children can learn to create stories of their own, such as the ones they read in fictional books about their favorite characters, superheroes or animals.

Celebrating science

Because science is everywhere, it's easy to make every day a learning experience that inspires curiosity for your little one. Something as simple as bird-watching or taking a walk around the neighborhood can give your child a chance to view nature in action. Schedule some time outside when the view is at its best, such as early in the morning when birds are singing or just before dusk as the sun sets over the horizon.

For more ways to get your kids engaged with an educational summer, visit elivingtoday.com.

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