

Storytelling/Endangered Stories Act (cont.)

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threefold legacy: what we're giving, what we create and what we leave behind.

During those in which Moore participated, participants took a solo walk, talked to themselves as children, and did artwork and other activities — all of which served to offer a new perspective and give people permission to celebrate their lives, Moore said. The impact on her was so great, she said, that she now plans to leave her stories behind as part of her will and testament.

Further, Moore said, the lessons she learned helped her when she spent six months with her mother in hospice care. Moore said she was able to ask her mom questions that she wouldn't have thought of otherwise, such as what did "home" mean to her.

"That was a wonderful experience. It was a great gift," Moore said, explaining that it was special for both her and her mother. "It opened up the way for her to share her life with me in a way that

was meaningful."

Kanegis recently returned from an international gathering of storytellers in Marrakesh, Morocco. He shared the Endangered Stories Act, and it was translated into other languages, including Arabic, French and Spanish. Italian and Bulgarian translations are in the works.

Learn more about Kanegis and the programs he and his wife offer at storyconnection.com or email bob@storyconnection.com.



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SHE GAVE ME MY LIFE BACK

Local clinic has modern, medical solution to treat your **Peripheral Neuropathy** and is seeing incredible results!

"It started out as a normal outing. My wife and I had to run to the grocery store. We were driving down the road casually going over our shopping list when the car ahead of me started to slow down anticipating the yellow light. I started to move my foot from the gas to the brake as any normal person would do when they see brake lights in front of them but I couldn't. I couldn't feel my foot. The car kept moving forward and I just couldn't get my foot on the brake. And CRUNCH! I finally came to a stop when I hit the car in front of me."

This tragic story was shared with us by Dan S. an Albuquerque resident who has peripheral neuropathy. And while no one was hurt in this accident, Dan S. had suffered almost everyday of his life with tingling and burning in his feet until numbness set in and he could no longer feel even the brake pedal beneath his foot.

"The first stage is pain," share Dr. Andrea Brogdon of AAIM| Albuquerque Acupuncture & Integrative Medicine. "You feel burning, tingling, sharp pains, or you feel like you're waking on tacks or marbles. This pain eventually subsides and the numbness sets in. Unfortunately the numbness brings with it a whole other host of problems."

This was the case with Dan. "I said I wasn't going to drive again. What if that had been a pedestrian?"

It is terribly common that peripheral neuropathy and its debilitating symptoms interfere with a person's ability to live their life. Dan was now reliant on his wife to drive him around, even the simple pleasure of cruising through Old Town or taking her out to dinner was outside his capabilities. And even more common, Dan's general practitioner and several specialists told him there was nothing they could do other than prescribe him pills that would ease the pain of his neuropathy.

That's where Dr. Brogdon and her staff at AAIM come in. "About 75% of our current patients come to us suffering from the same condition as Mr. Dan," tells Dr. Brogdon

"They're in constant pain from neuropathy and it prevents them from not only living their lives but more importantly, it prevents them from enjoying it. Depending on the severity of their nerve damage, we typically see tremendous progress in 3-4 months of treatment. I like to say we're in the business of making your golden years golden."

"I can't lie," confides Dan.

"I was skeptical at first. The folks down at UNM told me there was nothing that could be done and then there's a doctor right here in Albuquerque tells me she can help. Turns out she was right! About three months after treatment I was able to confidently drive myself to my appointments! My wife and I celebrated by buying ourselves a new car! It's hard to put into words how incredible this is, quite frankly [Dr. Brogdon] gave me my life back."

While AAIM specializes in acupuncture and it's definitely part of their protocols in treating neuropathy, the real secret is in a more modern medical solution called ATP Resonance BioTherapy™. "This technology was originally developed by NASA to expedite healing and recovery" shares Sarah, a Senior Patient Care Technician at the clinic. "It's like watering a plant. ATP Resonance BioTherapy™ stimulates the blood vessels to grow back around the peripheral nerve and provide them the proper nutrients to heal and repair."

You can learn more about Dr. Brogdon and AAIM by visiting AAIM-ABQ.com. If you're ready to schedule a consultation call (505)355-1984 and do so quickly. AAIM is a very intimate clinic and the staff takes pride in their ability to take their time with each patient so they are very limited in their ability to take on new patients.

Visit AAIM-ABQ.com to learn more and take advantage of their New Patient Offer!