# **SUMMER CALENDAR**

For more events and info visit: www.PrimetimeNM.com/calendar/

# COMMUNITY EVENTS THURSDAYS

Meditation, non-traditional. Sit together quietly for 40 minutes, followed by 45 minutes for sharing, questions, and exploration of meditative work and how it sheds light on our lives. Open to people from any tradition or no tradition. On Zoom. MeditationNM.wordpress.com or call Jay, 505-281-0684

TUESDAYS & THURSDAYS
Support groups are compassionate places for family caregivers to voice their struggles. You are not alone. In our groups, caregivers share information and get emotional support. 1st and 3rd Tuesdays of the month at 11:15 am -12:15 pm. Lomas Tramway Public Library 908 Eastridge Dr NE, 87123 2nd and 4th Thursdays of the month 7:00 pm - 8:00 pm. This group is held on Zoom. To register, call 505-494-4021.

SEPT 5, 12, 18, 19, 26, Powerful Tools for Caregivers is a FREE six-week class that provides tools to reduce stress, deal with difficult emotions, and increase self-care with difficult emotions, and increase self-care strategies. You will learn how to take care of yourself while caring for a relative or friend. Each class series meets at the same time and same day for six-consecutive weeks. Participants receive a free copy of "The Caregiver Helpbook". Tuesdays, 1:30 pm – 3:00 pm, Sept. 5, Sept. 12, Sept. 19, Sept. 26, Oct. 3. Bear Canyon Senior Center 4645 Pitt St NE, Albuquerque, NM 87111. Tuesdays, 5:30 pm – 7:00 pm. Sept. 12, Sept.19, Sept. 26, Oct. 3, Oct. 10, Oct. 17 Zoom - RSVP for the link. To register call 505-494-4021 This course is generously sponsored by AARP. is generously sponsored by AARP.

#### SEPTEMBER 14

Nuestra Herencia: Genealogy Workshop for Seniors, at the National Hispanic Cultural Center, 1701 4th Street SW, 1:30 p.m. Discover your cultural roots through interactive NHCC Art Museum and Torreón tours, paired with workshops. Free admission. Call (505) 246-2261. Register at my.nmculture.org/20933/23171.

### SEPTEMBER 16

14th Annual Buddy Walk 2023 at UNM Football East Practice Fields, 1111 University Blvd SE, 3-6 p.m. Enjoy fun activities, valuable resources, and a complimentary meal from Rex's Hamburgers for registered walkers. Plus, registered walkers will receive a free ticket to the 6 p.m. in-state rivalry football game between UNM Lobos and NMSU Aggies, thanks to the Lobo Club. Admission is \$15. Visit ds-stride.org/rgdsnbuddywalk.

# SEPTEMBER 22 & 23

The Albuquerque Garden Center is hosting the Harvest Craft Fair & Plant Sale 9am-4pm. You will find autumn & holiday themed vendors, food, gourd & pumpkin painting, chile ristra demo, & bedding plants. No admission fee. Address: 10120 Lomas Blvd. NE (inside Los Altos Park)

#### SEPTEMBER 23

Capeless Heroes Summer Bash, at BigBarn CrossFit 2420 Comanche Rd NE G1. 10am-3pm. Free Community Resource Fair to Celebrate our local first responders. A fundraising event to benefit our First Responders through Capeless Heroes Foundation 501c3. We will have food trucks, roffle prizes local police & fire recruitors. trucks, raffle prizes, local police & fire recruiters, skills challenges, and much much more! For questions or to be a vendor call Flip Garcia @ 505-261-6428.

SEPTEMBER 24
Aki Matsuri Fall Festival, at Expo New Mexico
- Home of the State Fair, 300 San Pedro Drive NE, 10 a.m.-5 p.m. Tickets are \$10. The event features Japanese cultural exhibits, a vendor fair, musical demonstrations, Japanese art, Japanese food, Sushi, Beer and Sake booth, and more. Visit holdmyticket.com or nmjacl.org/aki-matsuri/.

### SEPTEMBER 28

Support group for adoptees, birth parents, adoptive parents, or any adult with an interest in adoption meets the 4th Thursday of every month adoption meets the 4th Thursday of every month (except Nov and Dec) at the Young at Heart Choir Rehearsal Space at 2404 San Mateo Place NE in Albuquerque from 7-8pm. It is located on San Mateo Place which is just off of San Mateo Blvd. located behind Denny's and the San Mateo Inn just north and east of the I40 and San Mateo Blvd intersection. Please call (505)350-1344 with questions, or visit our website nmoi.org

#### FARMERS' AND GROWERS' MARKETS The Farmer's and Growers' markets throughout

New Mexico - visit farmersmarketsnm.org.

DAILY THROUGH OCTOBER 31
U-Pick Produce and Flowers at Big Jim Farms,
1685 Montano Road NW, 8 a.m.-6 p.m. No admission fee. Pay only for your pickings. Rent clippers for \$5, and exchange them for a free mason jar. Flowers are \$2-\$5 each, or 5 for a \$15 bouquet. Visit bigjimfarms.com.

# FRIDAYS THROUGH SEPTEMBER 29

La Familia Grower's Market, presented by South Valley Mainstreet at Dolores Huerta Gateway Park, 100 Ísleta Blvd. SW, 4:30-7:30 p.m. Featuring seasonal produce, live performances, food trucks, and more. Google La Familia Grower's Market.

#### SATURDAYS THROUGH NOVEMBER 4

Downtown Growers' Market presented by DowntownABQ MainStreet Initiative at Robinson Park, 810 Copper Avenue NW, 8 a.m.-noon. It features fresh local produce, handcrafted wellness products, unique art, hot-prepared foods, music, and entertainment. Visit downtowngrowers.org.

### SUNDAYS THROUGH OCTOBER 29

Rail Yards Market, 777 1st Street SW, 10 a.m.-2 p.m. The market celebrates all things local. It features 100's New Mexico's finest food, farm, artisan, healing vendors, live musicians, and educational and demonstration zones for kids and adults. Visit railyardsmarket.org.

SATURDAYS THROUGH NOVEMBER Los Ranchos Art & Growers' Market, 6718 Rio Grande Blvd NW, Los Ranchos de Albuquerque, 8 a.m.-noon. It features farm-fresh fruit and vegetables and handmade food items. Visit facebook.com/LosRanchosGrowersMarket.

# SUNDAYS THROUGH NOVEMBER

Corrales Growers' Market, in the Village of Corrales, 500 Jones Road, Corrales, 9 a.m.noon. Shop for seasonal produce, honey, bread, cheese, eggs, meat, and more. Visit corralesgrowersmarket.com. Also, Arts in the Village takes place every first Sunday of the month, 10 a.m.-4 p.m.

#### DANCE

### THROUGH OCTOBER 3

Taco Tuesdays – Salsa Nights, presented by Voodoo Girl Pizza & Pints, 1401 2nd St NW, 7-10 p.m. Spice it up for Taco Tuesday Salsa Nights, Spinging the Latter 2 Nights, Spinning the hottest Salsa, Bachata, Merengue y mas! No Cover. Visit facebook.com/Voodoogirlpizzaofficial/events.

#### WEDNESDAYS

Introduction to Tango with Class and Dance at Juno Brewery + Cafe + Art, 1501 1st Street NW, 7 p.m. It is free and a lot of fun. No partner or experience is required. Visit abqopentango.wixsite. com/website.

# WEDNESDAYS THROUGH SEPTEMBER 6

Yin Yoga After Dark at Sabrina's Z CREW Fitness, 4619 Lomas Blvd NE, at 7:30 p.m. Experience deep-tissue relaxation and restoration. The class fee is \$7.50. Visit sabrinaszcrewfitness.com.

# MUSEUMS

# SEPTEMBER 14

Glory Gone: An Immersive Opera by Nathan Felix at Maxwell Museum of Anthropology, 500 University Blvd. NE, 5:30 p.m. The Maxwell welcomes NYC composer Nathan Felix to premiere the opera Glory Gone. The opera will be part of an immersive musical experience featuring original works by local artists, including UNM students and alumni. Free admission. Visit maxwellmuseum.unm.edu.

#### SEPTEMBER 15-OCTOBER 15

Hispanic Scientists Honored at the National Museum of Nuclear Science & History, 601 Eubank Street SE, 9 a.m.-5 p.m. From the development of radar technology, which significantly increased safety for aircraft landing in bad weather, to the first Hispanic woman to go to space, Hispanic mathematicians, scientists, and inventors, celebrate Hispanic contributions. The museum's admission price includes the exhibition, which is \$10-\$17. Visit nuclearmuseum.org.

#### SEPTEMBER 15

Adult Nights at Explora: Adult Night - ArtCade TM, 1701 Mountain Road NW, 6-9 p.m. Dive into the art of gaming and embrace your inner Pinball Wizard! Explore the tech, art, and science that led to the games we love today. Admission is \$8-\$11. Visit explora.us/programs/adult-night/.

### SEPTEMBER 21

On the third Thursday of the month, Albuquerque Museum is "Live After 5" with free admission, music, special programs, and more at 2000 Mountain Road NW, 5-8:30 p.m. From 6-8 p.m., enjoy the "filthy, mangy jazz" of Le Chat Lunatique, blending Western swing, classical, reggae, doo-wop, and more. Visit cabq.gov/artsculture/ albuquerque-museum/events/3rd-thursday.

#### THEATRE

SEPTEMBER 1-24
CALENDAR GIRLS - The Adobe Theater, 9813 4th Street NW. Fridays at 7.30pm, Saturdays 2.00pm and 7.30pm, Sundays, 2 p.m. Pay What You Will Thursday, September 21 at 7.30pm Admission is \$24 general, \$20 seniors/military. \$15 Students. Info and tickets at www.adobetheater.org or call (505) 898-9222. English playwright Tim Firth's hilarious play is based on the true story of eleven Women's Institute members who decide to raise money for the Leukemia Research Fund by posing nude for an alternative calendar which turns into a media sensation around the world.

### SEPTEMBER 15

Outpost Burlesque! At Outpost 1706, 301 Romero Street NW, 7-10:30 p.m. This variety of burlesque shows consists of classic and neo-burlesque acts in the heart of historic Old Town. 21-Plus event. Tickets 4 seats, \$50; 2 seats, \$25; individual, \$10. Visit ziasandia.com/event-details/outpostburlesque.

### SEPTEMBER 23

Opera Southwest: Mariposa Que Vuela – An Evening with Cecilia Violetta López, at the National Hispanic Cultural Center, 1701 4th St SW, 6 p.m. Soprano Cecilia López blends mariachi, ranchera, opera in a biographical recital. Share her journey from Idaho farm fields to the opera stage. Tickets are \$22, \$32, and \$42. Call (505) 246-2261, (505) 724-4771 or visit nhccnm.org.

### SEPTEMBER 28

Film: Bless Me, Ultima, at the National Hispanic Cultural Center, 1701 4th St SW, Reception & Cash Barm 5-7 p.m.; Levi Romero Pre-Film Talk, 6 p.m.; Screening, 7 p.m. Rudolfo Anaya's beloved and iconic Bless Me, Ultima, returns to the NHCC with Carl Franklin's screen adaptation. Bless Me, Ultima is set in the 1940s in rural New Mexico. Free event. Visit my.nmculture.org/20926/25477 or nhccnm.org.